

## Transportation Services



## Leave the driving to OWCS!

OWCS provides low cost, senior friendly transportation to medical appointments, health promotion/therapy activities and shopping excursions.



## Medical Transportation

Through a combination of cars, vans and an accessible vehicle OWCS is able to get you to medical appointments. To book a ride please call OWCS at 613-728-6016. We require 48 hours notice of your upcoming appointment.

*Let our attentive drivers take you to your next medical appointment.*



## Shopping Services

OWCS provides weekly group transportation for grocery shopping. A volunteer is available to assist while you shop. Once the groceries are checked through the cash, there is no further handling required by you. Upon returning home groceries will be brought directly in for you.

OWCS also offers monthly group personal shopping (trips e.g. Carlingwood Mall, Walmart).

Call us to reserve your spot.



*Let our team take the stress out of shopping!*

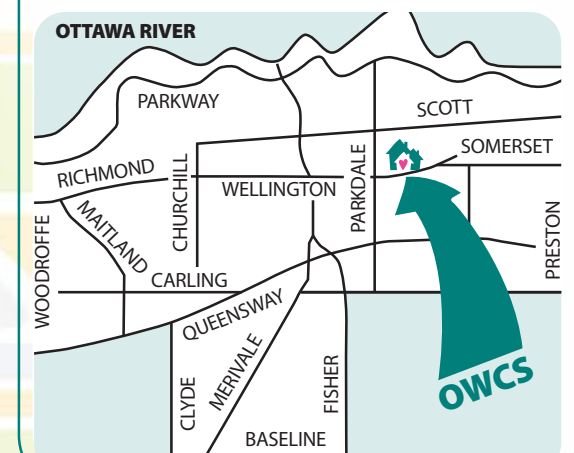
## Ottawa West Community Support

- Is a non-profit Community Support Agency and a registered charity
- Has been serving seniors in our community for over 40 years
- Believes in the inherent dignity and value of each person
- Is committed to responding to seniors and physically disabled persons needing assistance to remain living independently at home. The assistance is provided through creative community based support services.

### Our Service Area

OWCS serves clients living in the following service area:  
**East Preston St., West Woodroffe Ave., South Baseline Rd., North Ottawa River**

*Ask us about our full range of Community Support Services!*



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Supported by:

