Ottawa West Community Support



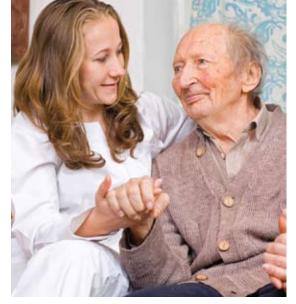
Assisted Living Services



OTTAWA WEST COMMUNITY SUPPORT

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www.owcs.ca



What is Assisted Living Services?

Assisted Living Services (ALS) is a publically funded community based health care program. It targets high risk seniors who are hospitalized or at risk of hospitalization in order to help them successfully return home and remain safely in their own homes.

Whether you live in a private home or an apartment, on your own or with an informal caregiver, Assisted Living Services can help bring peace of mind to you and your family. ALS delivers personal support and other services where and when they are most needed – anytime – day, evening or night.

What services does Assisted Living provide?

Assisted Living Services focuses on activities of daily living that the individual finds challenging to do on their own, including:

- Personal care
- Homemaking services (meal prep, light housekeeping, shopping, laundry)
- Safety and reassurance checks (via telephone or in person)
- 24 hour urgent response



Referrals and Admissions

Priority is given to:

- Hospitalized high-risk seniors who can safely return home with Assisted Living Services
- Clients in Long Term Care that could live at home with Assisted Living Services
- High-risk seniors living in the community in imminent need of a higher level of care and who are at risk of hospitalization or admission to Long Term Care
- High-risk seniors who are frequent users of emergency room and hospital services

Clients must:

- Be 65 years of age or older
- Meet the eligibility criteria as determined by the assessment
- Be able to remain safely in their own home or apartment between visits
- Be able to direct their own care or have a substitute decision maker to direct care
- Reside in the OWSC service area

Clients are referred to and evaluated for admission to the program by the CCAC. Upon acceptance, the OWCS Care Coordinator develops, in collaboration with the client, an individual care plan best suited to meet their needs and to maintain their independence



Ottawa West Community Support is part of a collaborative network of ALS providers funded through the Champlain Local Health Integration Network.

Ontario

